



23 October 2024

A free program to help you quit tobacco and/or vaping!

Dear Parents/Guardians,

We are pleased to announce that we have been selected as one of 30 Pilot Schools in Queensland (and 1 of 3 Schools in Cairns) to participate in the Pathways to Cessation program.

In partnership with Queensland Health, members of the Trinity Bay State High School community can access a confidential free quit support program for students, parents, carers and siblings.

The program is delivered by health professionals at the Queensland Quitline service and combines information and counselling support with a free 12-week supply of nicotine replacement products such as patches, gum, and lozenges.

If you'd like to find out 'what to expect from Quitline' visit the QuitHQ website via this link <https://www.quitline.qld.gov.au/how-to-quit/get-help-from-quitline>

Ready to get started on your pathway to cessation? Please see the attached information and self-referral form!

If you would like any additional information, please reach out to our School Based Youth Health Nurse Carola: csche58@eq.edu.au or phone 4037 5224.

Yours sincerely,



Mrs Katherine Macfarlane

Executive Principal